

5 Facts about water fluoridation



fluoride



1 Good oral hygiene + healthy eating + water fluoridation = good oral health

2 Adding a small amount of fluoride in the water system doesn't change the taste or smell of water and is a safe and effective way to protect against tooth decay.

3 Every other State and Territory has enjoyed the benefits of water fluoridation for more than 30 years.

4 Drinking fluoridated water is good for people of all ages including young children, pregnant women and older people.

5 Extensive scientific research confirms water fluoridation is not associated with any ill health effects.

Ask your dental health professional for more information
or go to www.health.qld.gov.au/fluoride



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