Wednesday 15 November
Presented by Prof Ian Meyers

This hands-on workshop will look at maximising the outcomes of clinical techniques with composite resin by evaluating a range of materials and techniques customised to individual patient needs. Techniques demonstrating the effective and efficient use of bonding systems, flowable resins, bulk fill materials, ensuring adequate photo-polymerisation, and final finishing and polishing of restorations will all be discussed and undertaken as hands-on exercises.

Topics to be covered include:
• Choosing the correct adhesive system for you and your patients.
• Evaluation of placement techniques in enhancing bond performance, including real-time measurement and analysis of bond strength.
• Comparison and evaluation of your favourite bonding system – is your bonding agent performing as well as it can, and is that good enough?
• Incorporating Bulk Fill materials into your practice, and how there are other advantages to bulk fill materials other than speed of placement.
• Evaluation of curing lights and curing techniques to ensure best possible outcomes.
• Is your light curing unit effective and are you using it correctly?
• Finishing and polishing techniques for anterior and posterior composites. Achieving the expectations of the operator and the patient.

Efficient and effective use of composite resin in everyday clinical practice.